



Caring together

## Get inspired by Jania Golland, our Executive Committee Member – Become a Volunteer today!

We asked Jania Golland, our Nurse who has been a Member of EDTNA/ERCA for 4 years about the benefit it brings to everyone involved of being a Volunteer.

*‘What would you like to say to other Members who consider to become an EDTNA/ERCA Volunteer?’*

*“It is a great professional and personal opportunity to take an active role in the EDTNA/ERCA.”*

*Volunteering is generally considered as an unselfish activity and is intended to promote goodness and improve human quality of life. And this is true and at the same time, in return, your volunteering will generate a feeling of self-worth and respect.*

*To perform volunteering at EDTNA/ERCA is also well known for professional skill development, to meet new friends and colleagues and also allow yourself to have some fun. Volunteering for us at the Association have positive benefits for you as*

*a Volunteer as well as for the persons or communities served and involved in your activities. Join us today – Become a Volunteer!*

### *‘So Jania, why did you decide to become a Member of EDTNA/ERCA?’*

*“I was looking for additional professional opportunities and decided to become a member of the EDTNA/ERCA, despite of not knowing a lot about the organization.”*

### *‘Why did you decide to become a Volunteer?’*

*“I had 17 years of experience in Nephrology nursing, and was looking for some new professional challenges. A colleague asked me if I was interested in volunteering for the EDTNA/ERCA, translating patient education materials to Russian. While translating, I started communicating with colleagues from other countries, had opportunities to discuss topics related to various aspects of nephrology care and made new friends. A year later the position of Brand Ambassador for Israel was vacant and I decided to try myself as BA. It gave me an opportunity to meet colleagues from Europe and other places, to realize that we have a lot of common problems and challenges, however the solutions and approaches may be different and we can learn one from another! I started promoting EDTNA/ERCA projects in my country, worked closely with our National Association and formed many professional contacts within Israel. With the support of the EDTNA/ERCA volunteer’s team I organized my first educational event in Israel. It was a great professional and personal experience.”*

### *‘What was your first assignment as a Volunteer?’*

*“I started with translation, that it is not a very complicated role, but it helped me to feel a part of a great professional nephrology organization, I got a lot of support and respect for what I am doing and all this encouraged me to go on with volunteering and taking more active roles in the EDTNA/ERCA.”*



Jania Golland  
Nurse



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*'What would you like to say to other Members who consider to become an EDTNA/ERCA Volunteer?'*

*"It is a great professional and personal opportunity to take an active role in the EDTNA/ERCA. A lot of challenges and projects will be waiting for you! Your professional career will never be boring and you will have opportunities for ongoing professional development."*

*'What is your best memory or impression you have about EDTNA/ERCA?'*

*"The annual conference of EDTNA/ERCA is always a great success. It is a fantastic opportunity to meet nephrology nurses from different countries, to share knowledge and experiences. After you participate in this event you will never forget it and will plan on taking part in the future conferences."*