

# QUESTIONNAIRES PATIENT REPORTED OUTCOMES, AN USEFUL TOOL FOR NEPHROLOGY NURSING

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## BACKGROUND

The incorporation of subjective criteria such as questionnaires results obtained by patients (PRO-Patient Reported Outcomes) who has their central axis direct perception of Health Related Quality of Life (HRQOL) of each person without any more interpretation of the answers but itself.

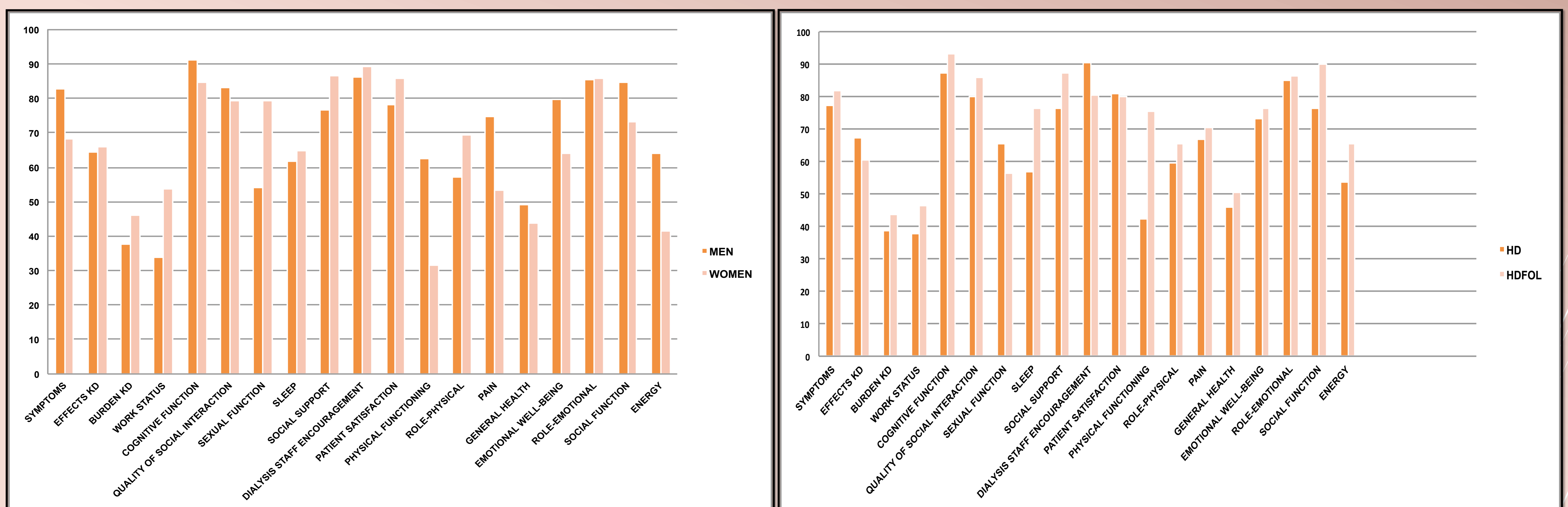
## OBJECTIVE

Evaluate the HRQOL for people with end-stage renal disease and identify the most significant differences depending on gender and treatment received, by a PRO questionnaire.

## METHODS AND MATERIALS

Observational, analytical and cross-sectional study (second semester 2014) carried out on people having hemodialysis or On-line hemodiafiltration treatment. We make an evaluation of the HRQOL with the Kidney Disease Quality of Life-Short Form (KDQOL-SF), previous informed consent, more clinical and socio-demographic data were collected too.

## RESULTS



## CONCLUSIONS

People, who live alone and have studies, have better test results in HRQOL.

People, who are treated with HDF- OL, have better nutritional status than those treated with HD, as well as, best results in the test KDQOL-SF .

Despite the fact that women get more dose of dialysis than men and show better results with the scale of sexual function and work status, have more pain, worse physical functioning and less energy.

**The purpose of the study is:** If We know their needs, we can offer them a more individualized cares.