



# Patient involvement for whose sake?

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# Objectives

To involve patients actively in their own haemodialysis treatment to the extent they wish to and are able to be involved.



# Intervention

## Practical skills

include patients in development of instructions etc.

## Systematic use of dokumentation

- make bed
- wash arm + hand desinfection
- get needles ready etc.
- insert card
- type in ultrafiltration
- take blood pressure
- read the screen
- deactivate the alarms
- tube the machine
- Guide the nurse when cannulating

( Inspired by project; "Yorkshire and the Humber Sharing haemodialysis Care" (SHC) )

# Results

Interview after 2 years

“I do it to help the nurse”

Questionnaire after 3 years

“I like that my brain get activated”



# Implications for practice

- Necessary to involve patients systematically in how they wish to be involved
- New way of interaction between patients and nurses
- Nurse a facilitator and educator rather than a caregiver
- Implicates changes in workflow and incorporation of new routines

