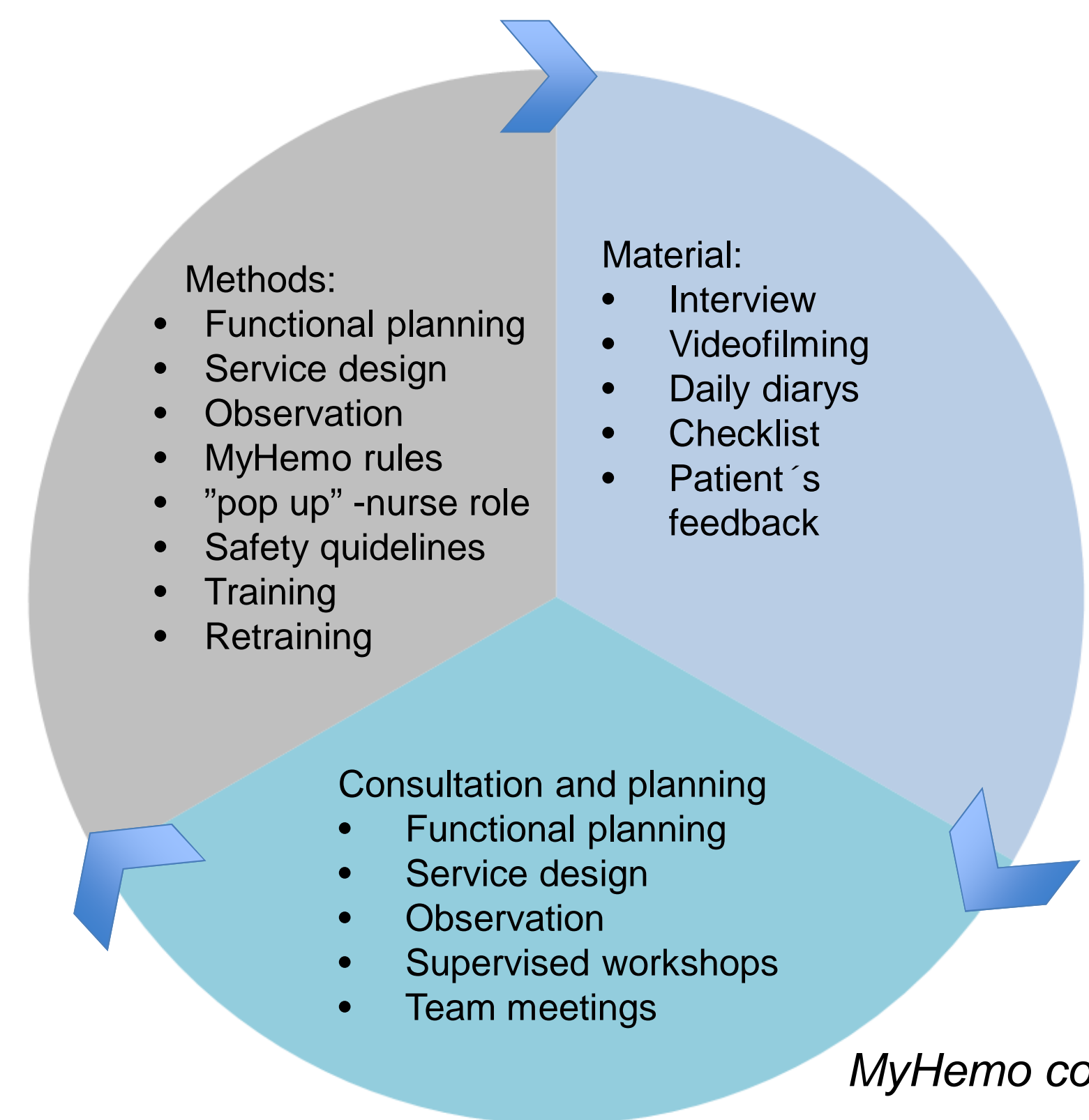


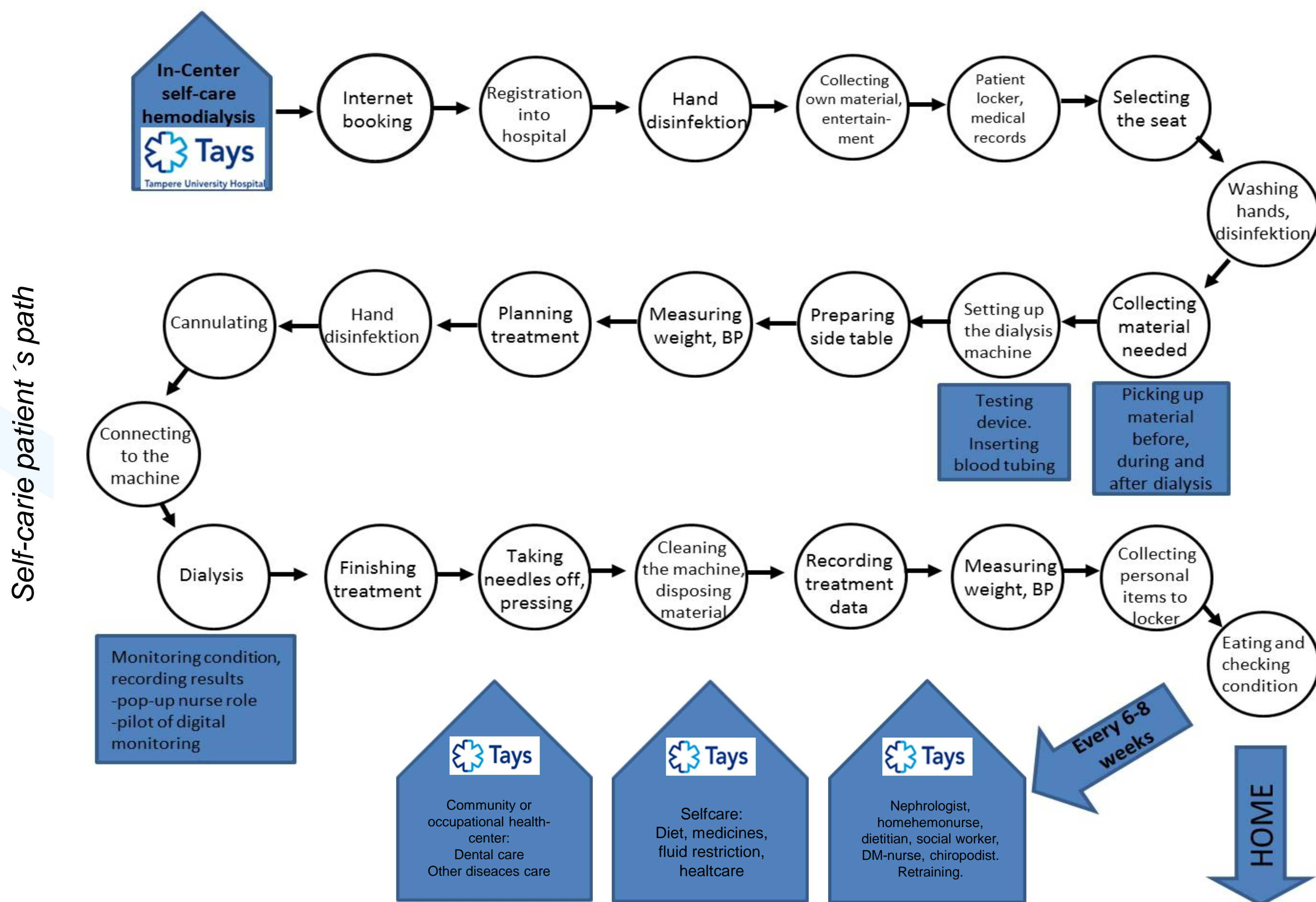
In-center self-care hemodialysis  
MyHemo  
Alternative for standard dialysis treatment.  
Reinikka N., Sinisalo N.

MyHemo idea:

- Planned with the patient.
- Like a homehemo, but in-center.
- Integrated care under one roof – a kidney ward, a dialysis unit and an outpatient department.
- Individual rooms, dialysis devices chosen by the patient.
- Training schedule as in homehemo.
- Internationally new way to commit a dialysis.
- Free choice of shifts.
- Suits in patient lifestyle and timetable.
- Safe and secured.



MyHemo concept



Results

- Cost-effective.
- Flexibility maintains better health.
- An interactive tool to follow up learning.
- Patients are more self-caring and self-knowing about their condition.
- More dialysis is less risk of common standard hemodialysis problems.
- Planning starts from outpatient clinic and patient makes the decision how to make dialysis.