



The quality of life of dialysis patients

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Introduction

The aim of the study was to assess the quality of life of dialysis patients in dialysis centers in Golub Dobrzyń.

The study was conducted in four areas: physical health, mental health, social relations, the field environment and the problems associated with the disease and satisfaction with medical care.

Objectives

A group of 80 people treated in dialysis centers in Golub - Dobrzyń. The study was conducted in the months of March - April 2012

Methods and materials

In their study used a method of diagnostic survey. Interview technique was performed and the tools that have been used a questionnaire designed independently evaluating the quality of life of patients on dialysis with elements characteristic of dialysis. The second tool abbreviated version of the former survey assessing the quality of life WHOQOL - Bref in the Polish version.

Results

It was found that the quality of life for dialysis patients depends not include on factors such as age, education, source of income, changes in the appearance of the dialysis period. Whereas men exhibited a significantly higher quality of life than women in the field of psychology. Limitations in performing work affecting the quality of life in the field of somatic. Marital status affects the quality of life of patients on dialysis in the field of psychology. Limitations in social activities also affect the quality of life.

Conclusions

Most of the people in this study did not know the cause of his illness to the need to increase awareness of people on dialysis and expand education about the factors for the disease. Chronic kidney disease for which suffer from difficult subjects socialize and perform work.

