

Nephrological nurses and occupational exposure - how? when? why?

A. Trzcńska

Medical University of Silesia, Polish Nephrology Nurses Association, Polish Vascular Access Club, Medical University of Silesia, Polish Nephrology Nurses Association, Polish Vascular Access Club, Katowice, Poland

Background

The problem of occupational exposure all the time is a difficult problem, not appreciated by both the medical staff and by the government. Despite the fact that in June we celebrated the ninth anniversary of the implementation of Directive 2010/32 / EU - Poland, as well as any Member States have failed to fully implement these regulations. As a result, the scale and repeatability of cases of exposure among employees indicates that the problem is not decreasing but rather increasing.

Every year in the European Union recorded 1.2 million injuries caused by a sharp instrument. In Poland such cases within a year is 37 000. Occupational exposure mostly affects nephrological nurses. If employers will not invest in increasing the safety of nurses is a problem will grow.

Objectives

The study was conducted on 500 nephrological nurses. We asked the nurse to have exchanged the circumstances of occupational exposure, we asked whether they have safe equipment, whether the employer provides them with training in this field.

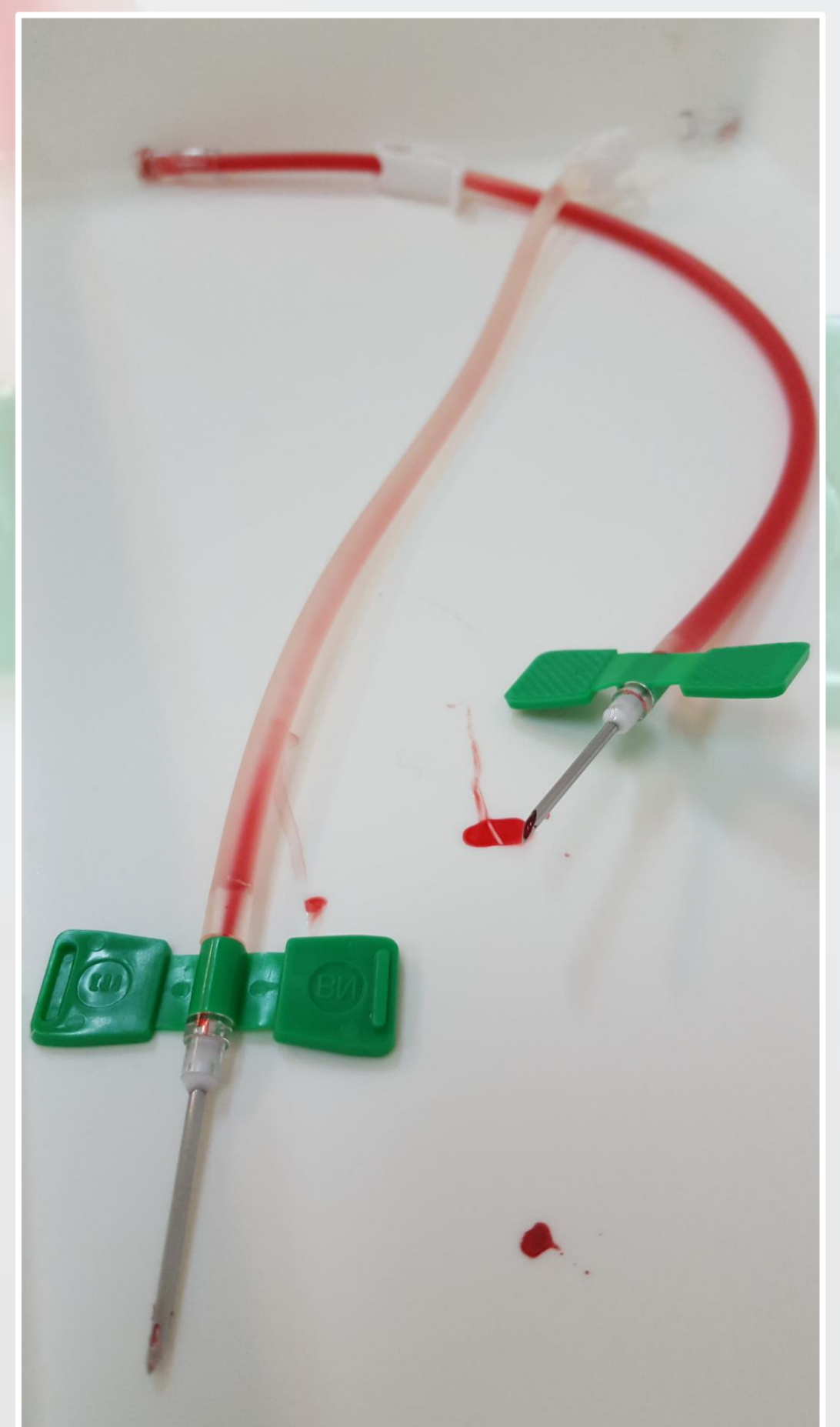
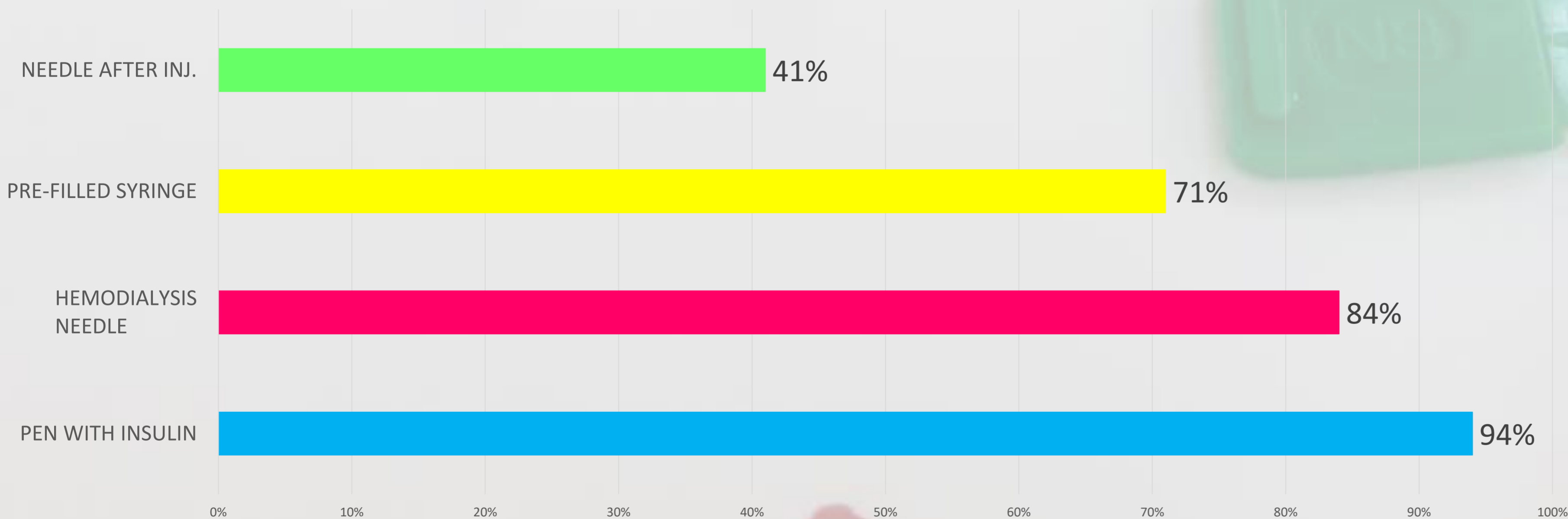
Methods

Author's survey containing 35 questions.

Results

Unfortunately, nurses make a lot of mistakes in that lead to occupational exposure. Not all employers care about the safety of nurses. There is a lack of safety training for nurses.

Nephrology nurses most often undergo occupational exposure when they put on the needle cap: 94% pen with insulin, 71% pre – filled syringe, 41% standard needle after injection or after taking blood. 84% hemodialysis needle.



Conclusion

In Poland, an additional problem is extremely low wages of nurses. Nurse in Poland receives for her work on average 400 euros per month. Therefore, nurses in Poland have not one but two or three jobs. This means that nurses are very tired. Occupational exposure among nurses dialysis is a very big problem, often overlooked. Occupational exposure threatens the health and lives of nurses.