



A review of comprehensive discharge planning to patients with new onset diabetes after transplantation (NODAT)

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BACKGROUND

- Patients with new onset diabetes after transplantation (NODAT) experience multiple challenges after the diagnosis of NODAT
- Many patients have little understanding about the impact of the NODAT disease condition when it is left untreated or when it is not monitored

PURPOSE

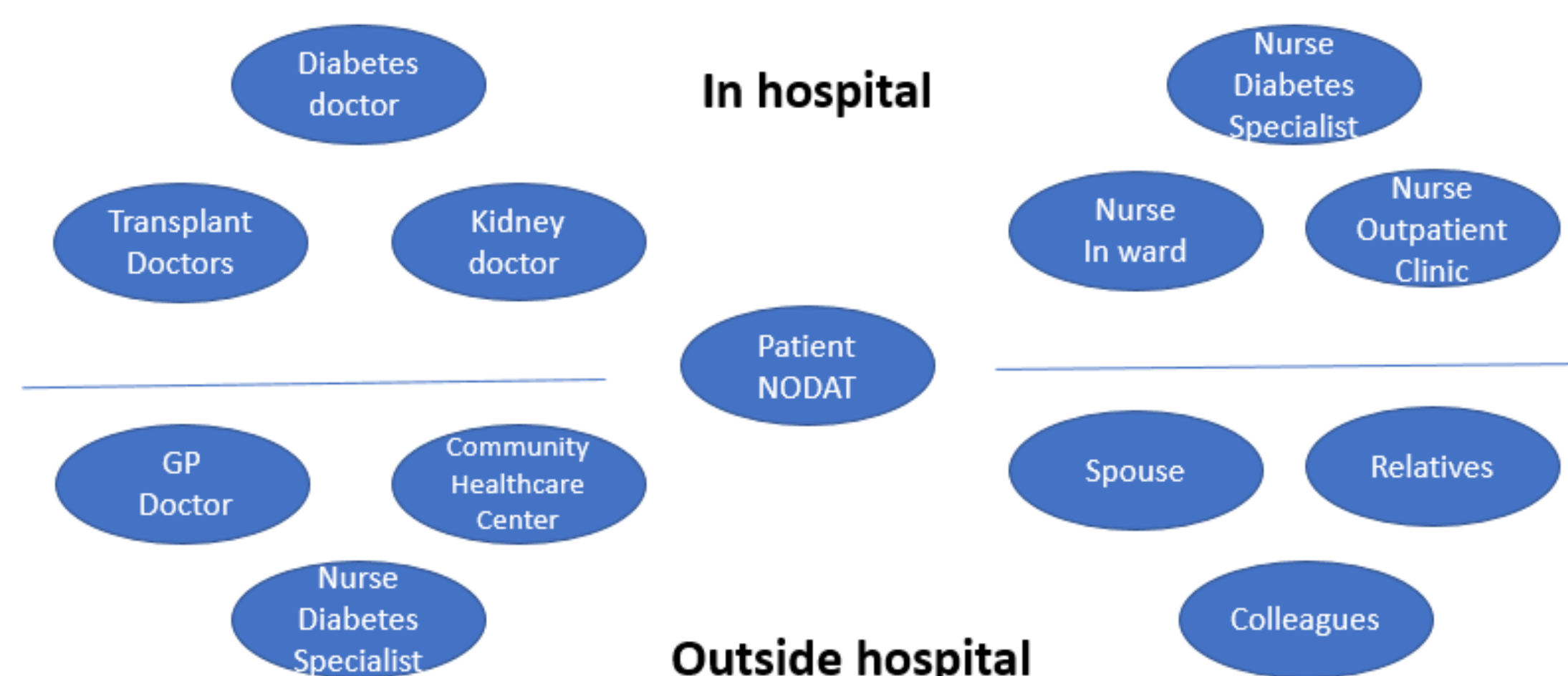
- To investigate in the literature whether there is a well-designed comprehensive discharge plan to patients with diagnosed NODAT

METHODOLOGY

- PubMed, MEDLINE, Google Scholar and Cochrane Library
- Randomized controlled trials and systematic reviews
- Literature between 2007 and 2016
- Keywords: kidney transplantation, NODAT, outcomes mortality/survival, readmissions, hospital length of stay, health-related quality of life and patient satisfaction

RESULTS

- 96 relevant citations in total
- 8 studies were included
- 4 systematic reviews, 3 randomized controlled trials and one retrospective cohort study



CONCLUSION

- An ongoing issue about the continuity of care for diabetes patients with nodat
- A strong need of further studies
- Clinical staff should formulate and implement comprehensive discharge planning programs for patients with NODAT



14 %
NODAT



FOR FURTHER INFORMATION

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