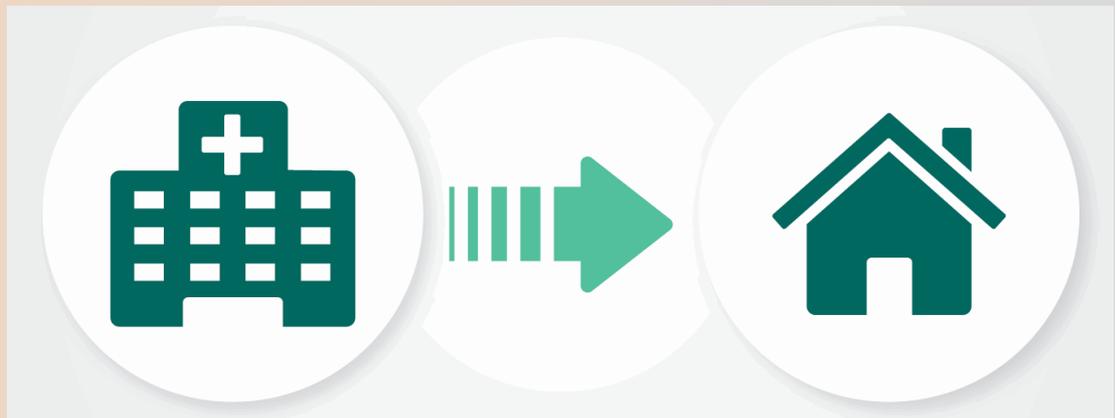


Patient reflections after changing Haemodialysis treatment, from Hospital to Home.

Anna Marti i Monros
CHGU Valencia SPAIN

From Hospital to Home

- After some years without Home Haemodialysis programme (HHD) our Hospital re-established it in 2016, and since then, 14 patients have opted to take advantage of it, 9 were already on Haemodialysis (HD) and 5 started Renal Replacement with HHD.



From Hospital to Home

- The programme was set up by two enthusiastic nurses and a nephrologist, who decided to use Nx-Stage-System-OneÒ as it's:
 - purpose-designed.
 - portable.
 - eliminates the need for a large water-purification system.
 - is easy to manipulate and very friendly for the self care approach.

From Hospital to Home

- In addition to the clinical advantages of more frequent treatments, many patients prefer HHD for:
 - its convenience flexibility of scheduling treatments.
 - dietary advantages, fluid restrictions...
- in other words, coupled with the clinical advantages, HHD improves patients quality of life.

From Hospital to Home

- We present the opinion of our 9 patients on HHD who were previously on Hospital based HD and discuss whether it matches the literature findings or not.



From Hospital to Home

- Following the approach of a qualitative nursing research, a nurse from the HHD team interviewed them asking to mention at least three positive and two negative aspects of HHD comparing it with Hospital HD.

From Hospital to Home.

Positive aspects:



- All patients mentioned: Independence, Freedom, Flexibility of timetable, to regain control of his/her life, No recovery time.
- Four mentioned: dietary and fluid restrictions advantages and one (quite interestingly) security, due to the absence of contamination risk from others.

From Hospital to Home

Negative aspects:

- **Five patients could not find any negative aspects: all were positive.**
- The remaining four patients answer was:
 - 1.- self-needling.
 - 2.- dialysate bags weight.
 - 3.- loneliness: no social life at hospital.
 - 4.- material boxes at home

From Hospital to Home. Conclusion

- With this we conclude that, as found in the literature, patients transferred from Hospital HD to HHD are extremely satisfied and felt an improvement in their quality of life, we'll inform the service provider and deal with the negative aspects in order to minimize them.